

Introducing our Children's Wellbeing Practitioner, Ilnaz:

Ilnaz is our Children's Wellbeing Practitioner and helps support wellbeing and mental health in schools around Tooting and Balham. She works for the NHS Wandsworth Education Wellbeing Service where support includes:

- Parent workshops/coffee mornings.
- Whole class and targeted student workshops.
- One to one parenting support for Child Anxiety and Managing Tricky Behaviour in the form of weekly sessions either online or face to face in school.

Say hello next time you see her around Ravenstone!

